

# **DAY 2**

**WHAT DO YOU WANT TO FEEL DAY TO DAY?**

**WHAT ARE YOU CURRENTLY FEELING DAY TO DAY?**

# **DAY 2**

**WHAT DO YOU THINK IS POSSIBLE FOR YOU TO ACCOMPLISH FROM THI LIMITED PLACE?**

**WHAT ARE 3-5 STATE CHANGERS YOU LIKE TO DO THAT IMMEDIATELY SHIFT HOW YOU FEEL?**